



Terms and Conditions

Effective Date: 03/10/2025

Welcome to Pelvic Harmony ("Company," "we," "our," or "us"). By using our website, services, and products, you agree to the following Terms and Conditions. If you do not agree, please refrain from using our website.

1. Services

We provide pelvic floor physical therapy, physical therapy, massage therapy, and nutrition supplementation. Our services do not replace medical treatment, and we advise consulting a healthcare professional before making decisions about your health.

2. Eligibility

To use our services, you must be at least 18 years old or have the consent of a legal guardian. By using our website, you confirm that you meet these requirements.

3. SMS Messaging

- Messaging frequency may vary.
 - These include appointment reminders, confirmations, exercise media, and billing notifications.
 - No more than 10 messages per week
- Message and data rates may apply.
- To opt out at any time, text STOP.
- For assistance, text HELP or visit our website at www.pelvicharmonyco.com.
- Your opt-in data is not shared with third parties.
- Visit our website for our privacy policy.

4. Medical Disclaimer

Our services and products are intended to improve fitness and wellness. We are medical professionals who are authorized to give medical advice within our scope of practice. Always seek the guidance of your primary physician for any medical concerns.



5. Appointments and Cancellations

- Appointments must be scheduled in advance.
- Cancellations require at least 24 hours' notice; otherwise, a cancellation fee may apply.
- We reserve the right to refuse service to anyone for any reason.

6. Payment and Refund Policy

- Payments must be made at the time of service or in advance for certain treatments.
- We accept cash, Visa, Mastercard, HSA/FSA, and other money transfer services.
- Refunds are only provided under specific conditions. Products must be returned unused and in original packaging within 30 days.

7. Privacy Policy

Your personal information is handled according to our Privacy Policy, which can be found on our website. We do not share your information with third parties without consent, except as required by law.

8. Limitation of Liability

We are not responsible for any injuries, adverse reactions, or outcomes resulting from the use of our services or products. You assume full responsibility for your health and wellness decisions.

9. Intellectual Property

All content on our website, including text, images, logos, and trademarks, is our property and may not be used without permission.

10. Third-Party Links

Our website may contain links to third-party websites. We are not responsible for the content or privacy practices of those websites.

11. Changes to Terms

We reserve the right to update these Terms and Conditions at any time. Your continued use of our website and services constitutes acceptance of any changes.



12. Governing Law

These Terms and Conditions are governed by the laws of Colorado. Any disputes shall be resolved in the courts of Arvada, Colorado and Jefferson County.

For any questions, please contact us at pelvicharmonyco@gmail.com