



Privacy Policy

Effective Date: 03/10/2025

Pelvic Harmony ("Company," "we," "our," or "us") respects your privacy and is committed to protecting your personal information. This Privacy Policy outlines how we collect, use, and protect your data.

1. Information We Collect

We may collect the following types of information:

- **Personal Information:** Name, email address, phone number, billing details, and other contact details provided when you book an appointment or purchase products.
- **Health Information:** Any details voluntarily shared regarding your health history or conditions relevant to our services.
- **Payment Information:** Billing and payment details for transactions, which are processed securely through third-party payment providers.
- **SMS consent** is not shared with third parties.

2. How We Use Your Information

With user consent, we use your opt-in information to:

- Schedule and manage appointments.
- Send appointment reminders, promotions, and other important updates.
- Process transactions and deliver purchased products.
- Provide customer support and respond to inquiries.
- Improve our website, services, and marketing efforts.
- Comply with legal obligations.

3. Data Sharing and Disclosure

- We do not share your personal opt-in data with third parties. SMS opt-in data is used solely for communication related to our services, promotions, or updates. Users can opt out at any time by replying 'Stop' to any message.



4. Data Security

- We implement appropriate security measures to protect your personal data from unauthorized access, alteration, or disclosure. However, no method of transmission over the internet is completely secure.

5. Your Rights and Choices

You have rights to:

- Access, update, or delete your personal information.
- Opt-out of marketing communications.
- Restrict processing of your data under certain circumstances.

To exercise your rights, please contact us at pelvicharmonyco@gmail.com or reply 'Stop' to be removed from SMS messaging.

6. Cookies and Tracking Technologies

We use cookies and similar technologies to enhance your browsing experience and analyze website traffic. You can manage cookie preferences through your browser settings.

7. Third-Party Links

Our website may contain links to third-party sites. We are not responsible for their privacy policies or practices.

8. Children's Privacy

Our services are not directed to children under 18. We do not knowingly collect information from minors without parental consent.

9. Changes to This Policy

We reserve the right to update this Privacy Policy at any time. Changes will be posted on our website with the revised effective date.



10. Contact Us

For any questions regarding this Privacy Policy, please

contact us at pelvicharmonyco@gmail.com